

JANUARY 2019



Grades PS-2nd Breakfast & Lunch



Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

Join us for	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
Pizza Fridays Fresh made Breakfast daily New menu choices *fresh fruit and Vegetables served with every meal				
Monday 7	Tuesday 8	Wednesday 9	Thursday 10	Friday 11
Corn dogs Oven baked french fries or Beefy Ravioli Fresh fruit Vegetables	Grilled cheese sandwich with tomato soup or Grilled chicken Ceaser salad Fresh fruit Vegetables	Crispy chicken tacos Spanish rice or Turkey and cheese wrap Fresh fruit Vegetables	Broccoli and cheese baked potato or Baked mac&cheese w/dinner roll Fresh fruit Vegetables	Crispy chicken patty sandwich w/chips or Homemade cheese Pizza Fresh fruit and Veggies
Breakfast English muffin sandwich Scrambled Eggs Assorted Cereal	Breakfast Cinnamon roll Scrambled Eggs Assorted Cereal	Breakfast mixed berries Parfait Scrambled Eggs Assorted Cereal	Breakfast Breakfast burrito Scrambled Eggs Assorted Cereal	Breakfast Biscuit and Gravy Scrambled Eggs Assorted Cereal
Monday 14	Tuesday 15	Wednesday 16	Thursday 17	Friday 18
Cheese Burger or popcorn chicken w/ dinner roll Oven baked french fries fresh fruit and vegetables	Beefy Macaroni w/dinner roll or Turkey and cheese sandwich Fresh fruit fresh vegetables	Oange chicken w/rice or Veggie Lo mein Fresh Fruit Vegetables	Homemade cheese pizza or bean and cheese tostadas w/spanish rice fresh fruit and vegetables	Early Realease No Lunch
Breakfast Bagle egg and cheese sandwich scrambled eggs/bacon Assorted cereal and milks	Breakfast Breakfast Burrito Scrambled Eggs Assorted Cereal and milks	Breakfast Breakfast sandwich Scrambled Eggs Assorted Cereal and milks	Breakfast Panckaes Scrambled Eggs Assorted Cereal and milk	Breakfast Breakfast Croissant Scrambled Eggs Assorted Cereal and milk
Monday 21	Tuesday 22	Wednesday 23	Thursday 24	Friday 25
	Breaded oven baked chicken mashed potato & gravy or Ham and cheese wrap w/chips fresh fruit and veggies	Meatball sub sandwich or Turkey and cheese sub sandwich w/ chips fresh fruit Vegetables	Alfredo penne pasta w/ garlic toast or Peanut butter and jelly sandwich & string cheese Fresh fruit and Vegetables	Homemade cheese pizza or chicken nuggets fresh fruit and vegetables
	Breakfast Scrambled eggs bacon,sausage breakfast potatos Assorted cereal and milks	Breakfast English egg and cheese muffin Bacon,sauage,breakfast potatos Assorted cereal and milks	Breakfast Breakfast burrito Bacon,sauage,breakfast potatos Assorted cereal and milks	Breakfast Biscuits and gravy Bacon,sauage,breakfast potatos Assorted cereal and milks
Monday 28	Tuesday 29	Wednesday 30	Thursday 31	Friday 1
New Mini cheese burger sliders smile face fries or chef salad w/string cheese fresh fruit Vegetables	Grilled turkey melt or oven baked rotini Fresh Fruit Vegetables	Teriyaki chicken bowl w/Rice or vegetable stir fry w/Rice fresh fruit Vegetables	Bean and cheese burrito or Beef rice and bean burrito Fresh fruit Vegteables	Homemade cheese pizza or popcorn chicken fresh fruit vegetables
Breakfast Scrambled eggs Bacon,sausage,breakfast Potatos Assorted cereal and milk	Breakfast French toast sticks bacon,sausage breakfast potatos Assorted cereal and milks	Breakfast Banana mini pancakes Bacon,sauage,breakfast potatos Assorted cereal and milks	Breakfast Breakfast burrito Bacon,sauage,breakfast potatos Assorted cereal and milks	Breakfast Biscuits and gravy Bacon,sauage,breakfast potatos Assorted cereal and milks

Food Service Director: Isabeth Ramirez : Phone: (602) 992-5100 x1084 :: Email: iramirez@scmail.org

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