



MARCH 2020



Grades 4-12 Breakfast & Lunch

Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
spaghetti w/ meatballs Ham and cheese sandwich Taco Bar Pasta Bar Salad bar Variety of beverage's/ snacks	Cheesy Nachos w/ beans Popcorn chicken Taco Bar Pasta Bar Salad bar Variety of beverages/ snacks	Wing Wednesday Ravioli w/ dinner roll Taco Bar Pasta Bar Salad bar Variety of beverages/ snacks	Hamburger w/ french fries oven baked mac and cheese Taco bar Pasta Bar Salad bar Pepperoni and Cheee pizza	Meatlovers pizza Hawaiian Pizza Fresh Fruit Vegeables Taco Bar Pasta Bar Pepperoni and Cheee pizza
Breakfast Warm Muffin Scrambled eggs,bacon,Sausage Oatmeal,toast	Breakfast Waffles Scrambled eggs,bacon,Sausage Oatmeal,toast	Breakfast Chefs special breakfast sandwich Scrambled eggs,bacon,Sausage Oatmeal,toast	Breakfast Breakfast Burrito Scrambled eggs,bacon,Sausage Oatmeal,toast	Breakfast Biscuits w/Gravy Scrambled eggs,bacon,Sausage Oatmeal,toast
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Mac & cheese dog Chicken Nuggets Taco Bar Pasta Bar Salad bar Variety of beverages/ snacks	Crispy Taco Tuesday w/Spanish rice Taco Bar Pasta Bar Salad bar Variety of beverages/ snacks		Chicken Alfredo Cheese quesadilla Taco Bar Pasta Bar Salad bar Variety of beverages/ snacks	Meatlovers pizza Veggie Pizza Cheese pizza Taco Bar Pasta Bar Salad bar Variety of beverages/ snacks
Breakfast Warm Muffin Scrambled eggs,bacon,Sausage Oatmeal,toast	Breakfast Waffle w/ warm syrup Scrambled eggs,bacon,Sausage Oatmeal,toast	Breakfast Chefs special breakfast sandwich Scrambled eggs,bacon,Sausage Oatmeal,toast	Breakfast Breakfast Burrito Scrambled eggs,bacon,Sausage Oatmeal,toast	Breakfast Biscuits w/Gravy Scrambled eggs,bacon,Sausage Oatmeal,toast
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Chicken patty sandwich Cheese stuffed breadsticks Marinara sauce Taco Bar Pasta Bar Salad bar Variety of beverages/ snacks		Orange chicken w/Streamed rice Chicken tenders Taco Bar Pasta Bar Salad bar Variety of beverages/ snacks	Tacos Chicken / beef Grilled turkey panini Taco Bar Pasta Bar Salad bar Variety of beverages/ snacks	Pizza Friday Meat lovers Hawaiian Pepperoni and Cheee pizza Taco bar Salad bar Pasta Bar Variety of beverages/ snacks
Breakfast Warm Muffin Scrambled eggs,bacon,Sausage Oatmeal,toast	Breakfast Cinnamon roll Scrambled eggs,bacon,Sausage Oatmeal,toast	Breakfast Chefs special breakfast sandwich Scrambled eggs,bacon,Sausage Oatmeal,toast	Breakfast Breakfast Burrito Scrambled eggs ,Breakfast Potatoes Oatmeal,toast	Breakfast Biscuits w/Gravy Scrambled eggs, Breakfast Potatoes Oatmeal,toast
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
<h1>READY, SET... SPRING BREAK!</h1>				
Monday 30	Tuesday 1	Wednesday 2	Thursday 3	Friday 4
Chicken and waffles basket pepperoni pizza Taco bar pasta bar variety of beverages Snack bar	Ham and cheese Panini Pepperoni pizza cheese pizza taco bar pasta bar Variety of beverages Snack bar			
Breakfast Muffin scrambled eggs, bacon, sausage Oatmeal, toast	Breakfast Pancakes w/ maple syrup Scrambled eggs, bacon,sausage Oatmeal, toast	Breakfast	Breakfast	Breakfast

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USDA is an equal opportunity