



# MARCH 2020



## Grades PS-3rd Breakfast & Lunch

Due to our constant pursuit of excellence SFE will enhance our menus through students feedback, surveys, parent meetings, recipe development and marketing trends.

Monday 2	Tuesday 3	Wednesday 4	Thursday 5	Friday 6
Spaghetti & Meatballs or Chicken noodle soup w/ Saltines fresh fruit vegetables Milk or juice	Cheesy Nachos w/ beans or Popcorn chicken fresh fruit Vegetables Milk or juice	Wing wendnesday or Ravioli w/ dinner roll Fresh fruit Vegetables Milk or Juice	Hamburger w/ french fries or Oven baked mac and cheese Fresh fruit Vegetables Milk or juice	Cheese Pizza Friday Fresh Fruit Vegeables Milk or Juice
<b>Breakfast</b> Warm Muffin Scrambled eggs,bacon,Sausage Oatmeal,toast	<b>Breakfast</b> Waffles Scrambled eggs,bacon,Sausage Oatmeal,toast	<b>Breakfast</b> Chefs special breakfast sandwich Scrambled eggs,bacon,Sausage Oatmeal,toast	<b>Breakfast</b> Breakfast Burrito Scrambled eggs,bacon,Sausage Oatmeal,toast	<b>Breakfast</b> Biscuits w/Gravy Scrambled eggs,bacon,Sausage Oatmeal,toast
Monday 9	Tuesday 10	Wednesday 11	Thursday 12	Friday 13
Mac & cheese dog or Chicken Nuggets w/ dinner roll fresh fruit vegetables Milk or juice	Crispy Taco Tuesday w/Spanish rice or Turkey and cheese wrap fresh fruit vegetables Milk or juice		Creamy Chicken Alfredo or Cheese quesadilla w/ beans fresh fruit vegetables Milk or juice	Cheese Pizza Friday Fresh Fruit Vegeables Milk or Juice
<b>Breakfast</b> Warm Muffin Scrambled eggs,bacon,Sausage Oatmeal,toast	<b>Breakfast</b> Waffle w/ warm syrup Scrambled eggs,bacon,Sausage Oatmeal,toast	<b>Breakfast</b> Chefs special breakfast sandwich Scrambled eggs,bacon,Sausage Oatmeal,toast	<b>Breakfast</b> Breakfast Burrito Scrambled eggs,bacon,Sausage Oatmeal,toast	<b>Breakfast</b> Biscuits w/Gravy Scrambled eggs,bacon,Sausage Oatmeal,toast
Monday 16	Tuesday 17	Wednesday 18	Thursday 19	Friday 20
Chicken patty sandwich or Cheese stuffed breadsticks w/ marinara sauce fresh fruit vegetables Milk or water		Orange chicken w/Streamed rice or Chicken tenders fresh fruit vegetables Milk or water	Brunch for Lunch Pancakes w/warm syrup Sausage and hashbrown or Pancake on a stick w/hashbrown	Cheese Pizza Friday Fresh fruit Vegetables Milk or water
<b>Breakfast</b> Warm Muffin Scrambled eggs,bacon,Sausage Oatmeal,toast	<b>Breakfast</b> Cinnamon roll Scrambled eggs,bacon,Sausage Oatmeal,toast	<b>Breakfast</b> Chefs special breakfast sandwich Scrambled eggs,bacon,Sausage Oatmeal,toast	<b>Breakfast</b> Breakfast Burrito Scrambled eggs ,Breakfast Potatos Oatmeal,toast	<b>Breakfast</b> Biscuits w/Gravy Scrambled eggs, Breakfast Potatos Oatmeal,toast
Monday 23	Tuesday 24	Wednesday 25	Thursday 26	Friday 27
<p>READY, SET...</p> <p><b>SPRING BREAK!</b></p>				
Monday 30	Tuesday 31	Wednesday 1	Thurday 2	Friday 3
Chicken & waffles or Peanut butter and jelly sandwich fresh fruit Vegetables Milk or water	Ham and cheese panini or Italian wrap fresh fruit vegetables Milk or water			
<b>Breakfast</b> Warm Muffin scrambled eggs,bacon,sausage Oatmeal, Toast	<b>Breakfast</b> Pancakes scrambled eggs,bacon,sausage Oatmeal, Toast	<b>Breakfast</b> Chefs special breakfast sandwich Scrambled eggs,Bacon,sausage Oatmeal, Toast	<b>Breakfast</b>	<b>Breakfast</b>

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Menu is subject to