



# OCTOBER 2021



All lunches come with milk or water

Tickets for Chick-fil-A need to be filled out and given to teachers by Tuesdays please

| Monday 27   | Tuesday 28   | Wednesday 29  | Thursday 30  | Friday 1   |
|---|--|---|--|--|
|   |  |   |  | 1. Barro's Pizza<br>2. Brown Rice Quinoa Bowl<br><br>Chick-fil-A Day |
| Monday 4  | Tuesday 5  | Wednesday 6   | Thursday 7   | Friday 8   |
| 1. Beef Lasagna w/Roll<br>2. Mac & Cheese w/ Roll<br>3. Chicken Caesar Salad            | 1. Chicken Breast Tender w/ Chips<br>2. Cheeseburger w/ Chips<br>3. Chef Salad | 1. Pancake on Stick w/ Hashbrown<br>2. Sausage Breakfast Sandwich<br>3. Garden Salad w/ Chicken | 1. Cheese Quesadilla w/ Beans<br>2. Beefy Soft Taco w/ Beans<br>3. Taco Salad w/ Chips | 1. Barro's Pizza<br>2. Brown Rice Quinoa Bowl<br><br>Chick-fil-A Day |
| Monday 11   | Tuesday 12   | Wednesday 13  | Thursday 14  | Friday 15  |
| 1. Cheesy Breadstick w/ Marinara<br>2. Meatball Sub w/ Chips<br>3. Chicken Caesar Salad | Breakfast Bar Only   | NO SCHOOL   | NO SCHOOL  | NO SCHOOL  |
| Monday 18   | Tuesday 19   | Wednesday 20  | Thursday 21  | Friday 22  |
| 1. Chicken Tenders w/ Fries<br>2. Chicken Egg Rolls<br>3. Chicken Caesar Salad          | 1. Macaroni & Cheese w/ Roll<br>2. Cheeseburger w/ Fries<br>3. Chef Salad      | 1. Cheese Quesadilla<br>2. Beef Taco Sticks<br>3. Garden Salad                                  | 1. Italian Sub w/ Chips<br>2. Turkey Sub w/ Chips<br>3. Turkey & Cheese Salad          | 1. Barro's Pizza<br>2. Brown Rice Quinoa Bowl<br><br>Chick-fil-A Day |
| Monday 25   | Tuesday 26   | Wednesday 27  | Thursday 28  | Friday 29  |
| 1. Baked Ziti w/ Meatballs<br>2. Ham & Cheese Sub<br>3. Chicken Caesar Salad            | 1. Cheesy Breadstick w/ Marinara<br>2. Meatball Sub w/ Chips<br>3. Chef Salad  | BREAKFAST BAR ONLY  | 1. Cheeseburger w/ Fries<br>2. Spicy Chicken Sandwich<br>3. Popcorn Chicken Salad      | 1. Barro's Pizza<br>2. Brown Rice Quinoa Bowl<br><br>Chick-fil-A Day |
| Gluten Free Options Available<br>Please reach out to discuss options:}                  | Lunch \$4.00<br>Milk or Water \$.75  | <a href="mailto:aguzman@scamail.org">aguzman@scamail.org</a>                                    |  | Any concerns please reach out<br>Thank You , Amanda                  |

General Manager of Food Service: Amanda Guzman 602-992-5100